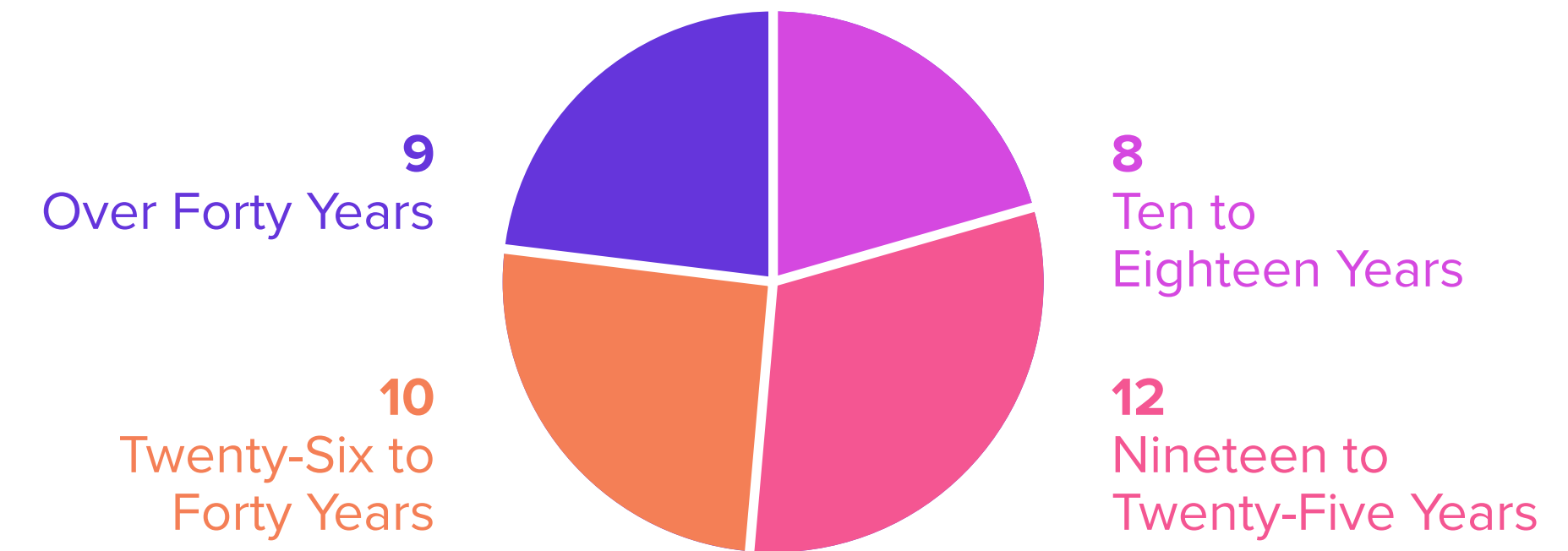
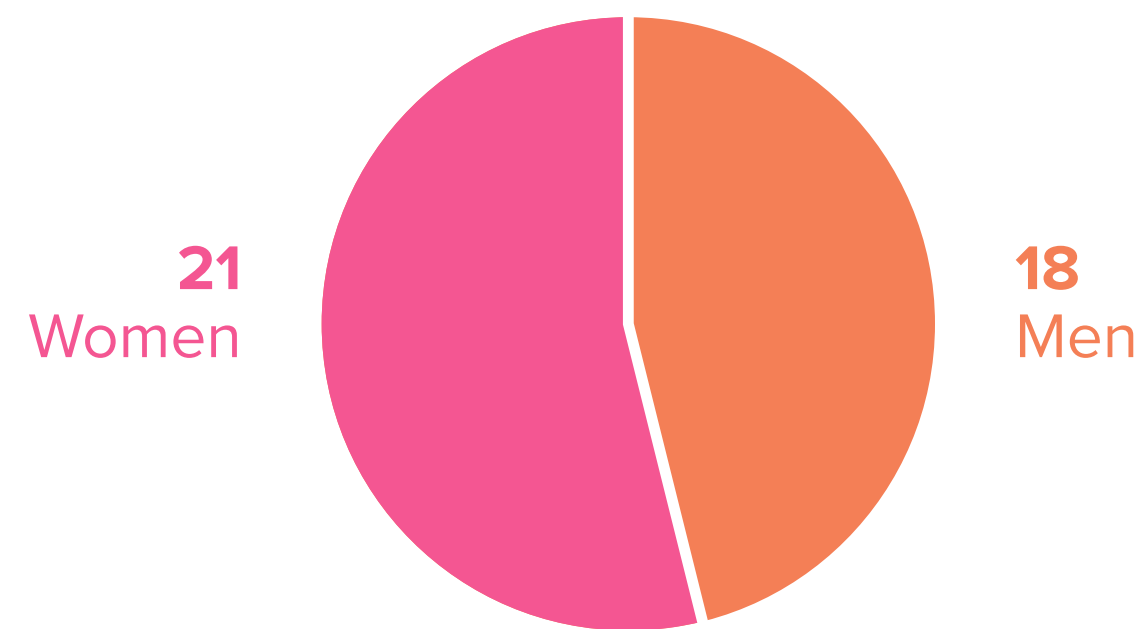


Process

We conducted thirty-nine participatory-design sessions with men and women of many ages to determine the Ambience Mirror's most desirable feature set.

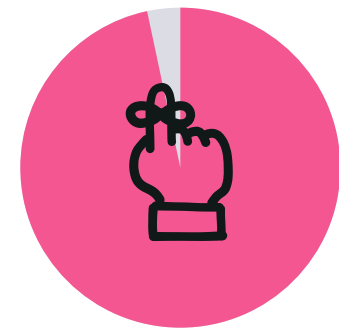
Participant Breakdown



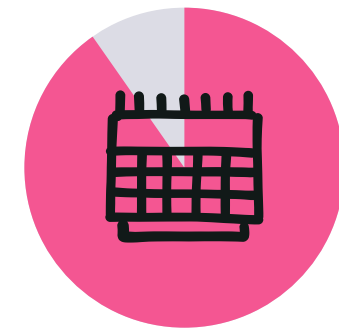
Feature Prioritization



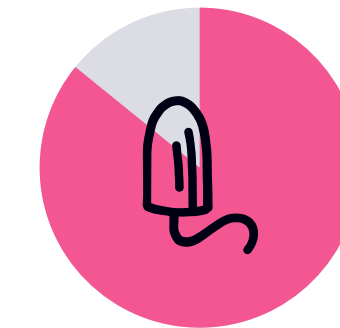
100% want to see the day's weather



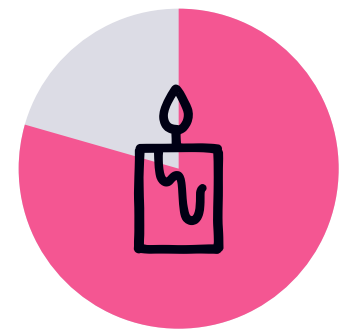
97% want to set reminders for themselves



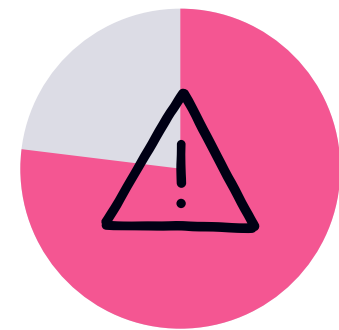
90% want to see a view of the day ahead



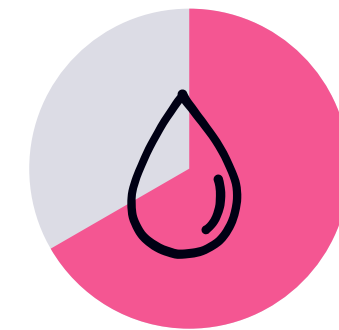
86% of women want alerts about their cycles



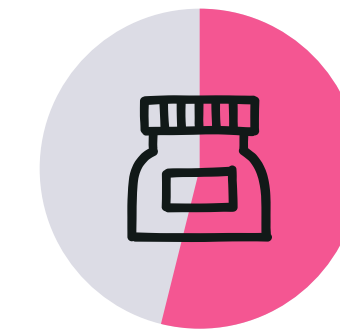
79% want to adjust lighting modes



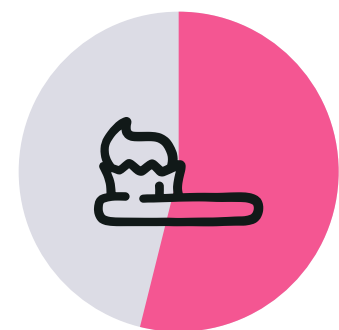
77% want to see notifications



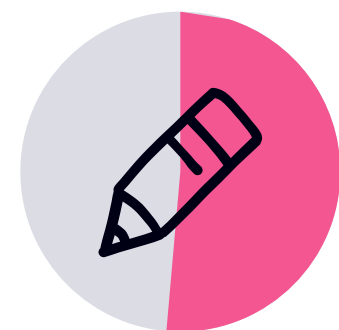
67% want to better understand their hydration



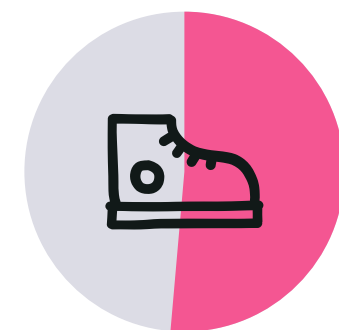
54% want reminders to take medication or vitamins



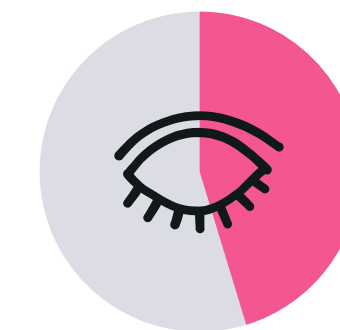
54% want help brushing their teeth for a full 2 minutes



51% want to leave notes for others



51% want to see their step counts



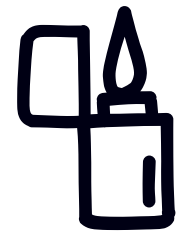
46% want to understand their sleep

Participant Ideas Worth Considering



“I’d like to confirm that my alarm is set and see a preview of when it’s set for.”

– Natalia, 28



“I want to see my nicotine consumption per day and when I have the most with data from my connected vape.”

– Tim, 36



“Stretching and meditation would be nice, but all of the other stuff would distract me.”

– Denise, 41



“I would really love to replace the Sonos in my bathroom with something like this!”

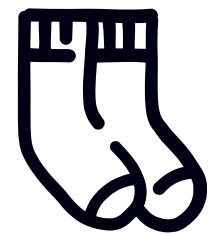
– Joris, 33

Participant Ideas Worth Considering



“Digital notes would be so nice—especially if you could do them in your own handwriting! It would be like writing messages in the fog on the mirror.”

– Amelia, 14



“I would really love for it to recognize outfits and then to tell me the last time I wore something.”

– Theresa, 21



“I know I drink too much caffeine. Maybe seeing just how much would help me drink less.”

– Logan, 24